



Personal 'One On One' Success Coaching with Kurek Ashley 'Journey to Your Ultimate Success'

'This is more than just a one off seminar... it is a journey of self-discovery... a brilliant program of mapping out and achieving everything you want from life'

'The life tools and strategies that Kurek has to offer are priceless. Kurek has unleashed my power, I now feel unstoppable and powerful. You are awesome!'

Natalie Cook – Olympic Gold Medalist 2000

Over the past 15 years Kurek has coached elite athletes to gold medals, corporate executives to improve presentation skills and people from all walks of life to achieve their personal goals, dreams and desires. Whatever it is in life you can conceive, you will be able to achieve AND you may need a boost to get there in time!

You should SERIOUSLY consider having Kurek as your personal success coach if:

- ... you want to reach your FULL potential
- ... you feel like you need some motivation to actually take real ACTION with your life
- ... you feel like you are running really fast but everything else is standing still
- ... you need help in setting out your goals and what it is you REALLY want from life
- ... you know where you want to be in life but haven't figured out HOW
- ... you want to have a mentor to bounce ideas off
- ... you want to improve the quality of areas in your life - Health & Fitness, Relationship, Finances
- ... you want to accomplish more in a year than most people do in a lifetime
- ... you want to manage your own success
- ... you simply want to get the most you can out of your life

Kurek's personal 'Journey to Your Ultimate Success' one-on-one coaching program is designed for 1 full year to give maximum impact on your life AND it will begin as soon as you make the decision to commit to changing your life.

WHY should you have Kurek as your 'personal one-on-one' success coach...

- ... you will have Kurek's full attention to work on yourself, your spouse, your immediate family and your core team
- ... you will have the luxury of privacy
- ... you will have the ability to ask specific questions and discuss relevant topics you might not usually be able to (like in a seminar situation)
- ... you will have the freedom to customise the program to YOUR outcomes not what you are told to learn
- ... you will have the flexibility of choosing your coaching times to fit into your life
- ... you will have personal access to Kurek and all of his team experts
- ... you will experience Kurek's passion and 'whatever it takes' attitude to get you to your goals

WHY this more than just a one off seminar...

- ... it is a journey of self-discovery
- ... it is a brilliant program of setting out and achieving everything you want from life
- ... it is about the consistency and habits you will create
- ... it is working EVERY day towards having the life you want
- ... it is the push you need to get you there
- ... it is some of the best proven, real life, easy to implement strategies, concepts and activities
- ... it is tailored to work at your own pace
- ... it is an 'outcome' driven program
- ... it is recurring and ongoing so you feel 'empowered' for the whole year
- ... it is step by step actionable processes given to you in 'bite sized chunks'

Kurek's proven results from seminars and coaching represent a rare opportunity to work on yourself, and it is Kurek's intention to take on ONLY 10 personal coaching clients a year to fit in with his hectic schedule and to give the best quality of attention possible.

About the Program...

The purpose of this unique program is to enable you to build upon your success to achieve your outcomes, and more importantly create consistency so that you learn independence in creating your life success.

This program with Kurek is designed to give you 1 year of personal one-on-one coaching with Kurek. You may choose to work on any area of your life. Perhaps you want to improve the quality of your relationships, or maybe you want to get in better shape, or possibly even set out business and financial goals. Whatever it is, Kurek will coach you to achieve any or all of your goals.

Kurek is committed to his clients and therefore has strict limitations on the number of people he takes on board. You may wish to involve your spouse, your immediate family or your core team in your coaching also at no extra cost.

Kurek's expertise is creating success across all levels of life... both personal and professional including:

- ★ Emotional State Management
- ★ Self Motivation
- ★ Work & Family Life Balance
- ★ Health & Fitness Well Being
- ★ Financial Wealth & Abundance
- ★ Passion & Happiness
- ★ Love, Life & Relationships
- ★ Effective Communication & Presentation
- ★ Freedom & Time Management
- ★ Conflict & Change Control
- ★ Self Esteem & Confidence
- ★ Goal Setting & Achieving

Coaching Format...

Coaching sessions can take place on a weekly basis in the form of phone calls, emails or face to face meetings. These sessions are available at an agreed time for the year-long period and are scheduled in advance each month. You will have access to Kurek 24 hours a day 7 days a week.

COACHING HOTLINE: +61 7 3391 1734
Main contact number: +61 7 3891 9284
Mobile number: +61 0417 192 479
Email Kurek: kurek@kurekashley.com

After making your decision to change your life, the program will commence with an initial meeting, either on the phone or in person, to discuss your outcomes and required results. During the first sessions you will cover the following topics:

- ★ Your goals and ultimate outcomes from the coaching program
- ★ Your commitment to the program
- ★ The rules of the program

Kurek is based in Brisbane and where possible is able to schedule face to face meetings when he is in your city.

The Rules...

1. Coaching sessions are not limited, however they must be arranged in advance at a suitable time to both parties
2. Coaching directions must be followed through in order to obtain maximum results
3. Failure to comply with the tasks set out can result in termination of the success coaching with full payment due and initial payment forfeited
4. Have fun and follow through!

What you will need...

You will be required to have the following for the first session and every other session afterwards:

- ★ 1 x A4 spiral bound journal – which will be known as your “Toolbox”
- ★ A pen
- ★ An open mind
- ★ A commitment to take new actions

Throughout the course of the program, depending on your personal outcomes, Kurek will provide you with activities and handouts to complete. These will be given to you as required. It is important to always bring your “toolbox” to the sessions, as this will form the foundation for capturing all the things you learn.

7 Step Start - What you need to do...

1. Make a decision to change your life and do this program
2. Make a telephone appointment
3. Complete the enrollment form with personal details and outcomes
4. Read and sign the Letter of Agreement
5. Arrange for payment
6. Get your “ToolBox”
7. Organise a time for your first session

Your Investment

Session Fees : "One-on-One"	
1 Year Coaching (weekly telephone or face to face meetings)	\$27,000
5 x Telephone Conference Calls (1 hour+ each)	\$5,900
3 x Face to Face Meetings (2-3 hours each)	\$7,100
<ul style="list-style-type: none">▪ Payment plans are available for monthly installments (credit card holders only)▪ Fees quoted in Australian dollars▪ International clients welcome▪ Phone calls, flights & accommodation where necessary are not included▪ GST is included in price	

Please contact our office on +61 7 3891 9284 or email info@kurekashley.com to start your Journey to Your Ultimate Success....